

Figure 1. Schematic representation of the experimental design. The subjects were divided into two groups: the control group (CG) and the intervention group (IG). The CG received a standard care (SC) program, while the IG received a SC program plus a cognitive-behavioral intervention (CBI). The CBI was delivered by a trained therapist (T) and consisted of a series of sessions (S) over a period of 12 weeks (W). The IG was further divided into two subgroups: the IG-1 and the IG-2. The IG-1 received the CBI for the first 6 weeks, while the IG-2 received the CBI for the last 6 weeks. The SC program was delivered by a standard care provider (SCP) and consisted of a series of sessions (S) over a period of 12 weeks (W). The SC program was delivered by a standard care provider (SCP) and consisted of a series of sessions (S) over a period of 12 weeks (W). The SC program was delivered by a standard care provider (SCP) and consisted of a series of sessions (S) over a period of 12 weeks (W).

HAND DELIVERED

(This page will be publicly disclosed.)